**Calendar of Events – Fall 2016 – Young @ Heart**

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| **Date** | **Time** | **Event** |
| Mon. Sept. 19 | 10 a.m. | **Grand Kick Off -** Muffin Mania + More |
|  | . | Join us for some fun, great muffins, and other delectables. Learn about the plans for the upcoming year |
| Mon. Oct. 3 | 10 a.m. | Coffee and social; testimonial**An Intriguing Morning with a Twist.** Come and join us for some fun and excitement. We can’t tell you more because it may incriminate you . . . |
| Mon. Oct. 17 | 10 a.m.11 a.m. | Coffee and social **Seniors & Pharmaceuticals**. A pharmacist, will discuss important tips, cautions, etc. when dealing with various medications and physical conditions |
| Mon. Nov. 7 | 10 a.m. | Coffee and social; testimonial |
|  | 11 a.m. | Join the **Mighty Game Master** and watch what happens |
| Mon. Nov. 21 | 10 a.m.11 a.m. | Coffee and social **Dealing with Grief** – as we age, we deal with many losses besides death. Jacqueline Spies from the Hospice Society will talk about grieving, the importance of it, when to recognize it, and how to handle it |
| Mon. Dec. 5 | 10 a.m.11 a.m. | Coffee and social**All the Place to Go . . . How Will You Know****The Open Door** - - by John Ortberg |
| Mon. Dec. 19 | 10 a.m. | Christmas Potluck |
| **2017 Mon.**  | **Jan. 2** | **Cancelled – Happy New Year** |

![C:\Users\Norman\AppData\Local\Microsoft\Windows\INetCache\IE\VNUVUEP2\piggy-bank[1].jpg]()We will continue with our coffee donation jar; proceeds are used

for our Young @ Heart Group

**![C:\Users\Norman\AppData\Local\Microsoft\Windows\INetCache\IE\Y3CO3E16\Pedro_HQ[1].jpg]()Meet the Teams**

**Handymen/Handy-ones Consultant**

Want advice on some minor repairs and yard work?

Contact Gerry @ gerry.e.larocque@gmail.com.

He and one of his team will come assess what the

needs are and give you some suggestions for the next step.

**Pastoral Visitation & Care**

Confidential visits, prayer, and pastoral care

Leigh Bishop – 250-830-8995; leigh-bishop@hotmail.com

Doe Shires – 250-203-7775; doeshires@shaw.ca

Gloria Scott – 250-287-4704; gloria.scott@island.net



**Prayer Partner – “Adopt” a Youth and Child**

Pair up with one of our church’s youth or

Sunday school children and commit to praying

weekly for the youth till the end of June.

Jane Herbin – 923-1960 - normjaneherbin@gmail.com

**![C:\Users\Norman\AppData\Local\Microsoft\Windows\INetCache\IE\UGVGVJ9J\15446902-the-illustration-shows-a-boy-and-a-girl-tourists-they-go-on-the-hike-behind-them-backpacks-illustrat[1].jpg]()Walking Club**

Leisurely walks, 2nd Monday of every month, 10:30 a.m. @ the Tyee Spit (last parking lot). Everyone’s pace is the right one! Pets welcome. Doe Shires – 250-203-7775; doeshires@shaw.ca

**Steering Committee -** youngatheart@crvineyard.ca

Leigh Bishop – 250-830-8995; leigh-bishop@hotmail.com

Hope Hahle – 250-914-3365 hopehahle@gmail.com

Jane Herbin – 250-923-1960; normjaneherbin@gmail.com

Gerry Larocque - gerry.e.larocque@gmail.com.

Al & Theresa Sankey – 250-923-2954; atsank5@gmail.com

Doe Shires – 250-203-7775; doeshires@shaw.ca