**Calendar of Events – Fall 2016 – Young @ Heart**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date** | **Time** | | **Event** | |
| Mon. Sept. 19 | | 10 a.m. | | **Grand Kick Off -** Muffin Mania + More | |
|  | | . | | Join us for some fun, great muffins, and other delectables. Learn about the plans for the upcoming year | |
| Mon. Oct. 3 | | 10 a.m. | | Coffee and social; testimonial  **An Intriguing Morning with a Twist.** Come and join us for some fun and excitement. We can’t tell you more because it may incriminate you . . . | |
| Mon. Oct. 17 | | 10 a.m.  11 a.m. | | Coffee and social  **Seniors & Pharmaceuticals**. A pharmacist, will discuss important tips, cautions, etc. when dealing with various medications and physical conditions | |
| Mon. Nov. 7 | | 10 a.m. | | Coffee and social; testimonial | |
|  | | 11 a.m. | | Join the **Mighty Game Master** and watch what happens | |
| Mon. Nov. 21 | | 10 a.m.  11 a.m. | | Coffee and social  **Dealing with Grief** – as we age, we deal with many losses besides death. Jacqueline Spies from the Hospice Society will talk about grieving, the importance of it, when to recognize it, and how to handle it | |
| Mon. Dec. 5 | | 10 a.m.  11 a.m. | | Coffee and social  **All the Place to Go . . . How Will You Know**  **The Open Door** - - by John Ortberg | |
| Mon. Dec. 19 | | 10 a.m. | | Christmas Potluck | |
| **2017 Mon.** | | **Jan. 2** | | **Cancelled – Happy New Year** | |

We will continue with our coffee donation jar; proceeds are used

for our Young @ Heart Group

**Meet the Teams**

**Handymen/Handy-ones Consultant**

Want advice on some minor repairs and yard work?

Contact Gerry @ [gerry.e.larocque@gmail.com](mailto:gerry.e.larocque@gmail.com).

He and one of his team will come assess what the

needs are and give you some suggestions for the next step.

**Pastoral Visitation & Care**

Confidential visits, prayer, and pastoral care

Leigh Bishop – 250-830-8995; [leigh-bishop@hotmail.com](mailto:leigh-bishop@hotmail.com)

Doe Shires – 250-203-7775; [doeshires@shaw.ca](mailto:doeshires@shaw.ca)

Gloria Scott – 250-287-4704; [gloria.scott@island.net](mailto:gloria.scott@island.net)



**Prayer Partner – “Adopt” a Youth and Child**

Pair up with one of our church’s youth or

Sunday school children and commit to praying

weekly for the youth till the end of June.

Jane Herbin – 923-1960 - [normjaneherbin@gmail.com](mailto:normjaneherbin@gmail.com)

**Walking Club**

Leisurely walks, 2nd Monday of every month, 10:30 a.m. @ the Tyee Spit (last parking lot). Everyone’s pace is the right one! Pets welcome. Doe Shires – 250-203-7775; [doeshires@shaw.ca](mailto:doeshires@shaw.ca)

**Steering Committee -** [youngatheart@crvineyard.ca](mailto:youngatheart@crvineyard.ca)

Leigh Bishop – 250-830-8995; [leigh-bishop@hotmail.com](mailto:leigh-bishop@hotmail.com)

Hope Hahle – 250-914-3365 [hopehahle@gmail.com](mailto:hopehahle@gmail.com)

Jane Herbin – 250-923-1960; [normjaneherbin@gmail.com](mailto:normjaneherbin@gmail.com)

Gerry Larocque - [gerry.e.larocque@gmail.com](mailto:gerry.e.larocque@gmail.com).

Al & Theresa Sankey – 250-923-2954; [atsank5@gmail.com](mailto:atsank5@gmail.com)

Doe Shires – 250-203-7775; [doeshires@shaw.ca](mailto:doeshires@shaw.ca)